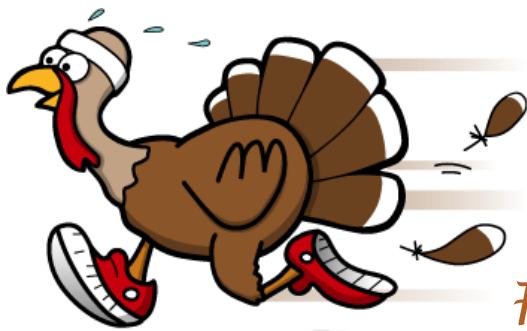


6th Annual YMCA Gobble Gallop

Saturday, November 21, 2015



benefiting



Gobble up Hunger for
ACTS

act's

Henderson Police Department

REGISTRATION FORM

Reg. Opens: 8:00am

Reg. Closes: 8:45am

Adult:

please check pre-race / race day

Competitive: () \$25 Pre-Race / () \$30 Race Day

Recreational: () \$20 Pre-Race / () \$30 Race Day

Child:

please check pre-race / race day

Competitive: () \$15 Pre-Race / () \$20 Race Day

Recreational: () \$10 Pre-Race / () \$20 Race Day
*ages 13 and under

Name

Age

Address

Birthdate

Phone number

Emergency Contact and phone number

Checks can be mailed to:

Henderson YMCA

380 Ruin Creek Road

Henderson, NC 27536

Make Checks Payable to:

Henderson Family YMCA

GOTR or STRIDE Site you are representing (circle one): Aycock, EO Young, Mount Energy, STEM Early High School, Stovall-Shaw, Wilton, YMCA, Zeb Vance

E-mail

Please bring canned goods on race day!

T-Shirt Size (circle one): YM YL S M L XL XXL

To guarantee your shirt, please register by Nov. 11th

PLEASE READ AND SIGN: In consideration of my entry, I, intending to bind myself and anyone entitled to act in my behalf, do hereby release and discharge Girls on the Run International, the City of Henderson, The Henderson Police Department, Volunteers and any and all Sponsors, Contributors, and Organizer from any and all liability arising from any illness, injury, or damages I may suffer as a result of my participation in the Gobble Gallop 2014 Event. I provide and certify my compliance by my signature below. If participant is under 18 years old, I certify by my signature that the child has permission to participate; is in good physical condition; and that officials may authorize emergency medical treatment in the event of injury or illness. I understand that there is no refund due to me for any reason. This release and waiver extends to all claims of every kind whatsoever foreseen or unforeseen, known or unknown. I authorize Girls on the Run of Northern NC to use any photos or videos captured at the YMCA Gobble Gallop 2015 Event for current and future years of program promotion and advertisement.

Register online at:

www.henfamymca.org

or

www.gotrnc.org

Signature (a parent or guardian MUST sign if participant is under 18.)

Date



Chick-fil-A at Henderson



Lydia Crouse Photography

Henderson Junior Woman's Club

Icon Entertainment



Chase Ventures Inc.

GRANVILLE VANCE
public health



Do You Know About GOTR and STRIDE ??

About Girls on the Run



Girls on the Run® is a positive youth development program which combines an interactive curriculum and running to inspire self-respect and healthy lifestyles in pre-teen girls. Our core curriculum addresses many aspects of girls' development - their physical, emotional, mental and social well-being. Lessons provide girls with the tools to make positive decisions and to avoid risky adolescent behaviors.

About STRIDE



STRIDE gives boys the opportunity to share and explore issues that they face in school, at sports, in the community and at home. They learn the importance of being a good friend, working as a team, saying no to drugs and making good decisions. We want to help boys become young men who KNOW what is right, CARE what is right and DO what is right.

Packet Pick-Up

PRE-RACE: Packets will be available Friday, November 20th from 12-6 pm at the Henderson Family YMCA (located at 380 Ruin Creek Road, Henderson NC).

RACE DAY: Packets will be available starting at 8am in front of the Henderson Police Department. T-Shirts are NOT guaranteed if you register on Race Day!



Girls on the Run of Northern North Carolina and STRIDE would like to extend a HUGE thank you to Triangle North Healthcare Foundation for helping to provide scholarships to the girls and boys in our community and make our program possible!